





Promoting Wellness, Connection, Purpose and Independence for Older Adults







A Message from Renee Scott, Executive Director

In the face of change, thankfully Vintage House chooses to grow.

2021 was the tale of two stories as in the first half of the year all the services provided by Vintage House were virtual or curbside. With great anticipation, beginning in July we reopened after 18 months of being closed and moved all the programs indoors. Immediately activities were offered and many of the impressive statistics you will review in this report speak for themselves. Seeing the efforts of our highly committed team was even more remarkable in person.

This report outlines the changes and growth Vintage House experienced throughout the year. Technology upgrades were the main focus. **Hybrid technology (virtual and in-person) is now available for all programming offered at the center.** Great strides have been made this year to improve services to support older adults with hearing and low vision technology. Additionally, **individualized one-on-one technology classes are available** so older adults can stay connected to the modern world and their families. Many new and exciting programs are being offered to help people feel connected, stay in physical and mental motion, as well as **encourage opportunities for volunteer service to the community.**

Thanks to Vintage House's many supporters and community partners, **more older adults than ever have felt the community's care and generosity during the long months of 2021.** 2022 is certain to bring new opportunities, and I invite you to make space in our future society for older adults to share their gifts across cultures and generations.

We are grateful to every one of you for being a part of the Vintage House community and for engaging in so many ways—as volunteers, teachers, members, donors, and more.

With deep gratitude,

Perer Scott

Renee Scott, Executive Director

"The classes keep my mind active and my body healthy. Knitting is unbelievable. Mah Jongg is fantastic. The balance classes are unbelievable. The teachers are extremely knowledgeable, and the classes are personalized.

And the staff is welcoming, kind, patient, knowledgeable, and always smiling. People are so friendly here. And socialization is so important. Vintage House goes above and beyond. I can't say enough.

> On a scale of 1-10, Vintage House is 100. I hope everyone in Sonoma knows how lucky we are to have a place like this in our community."

-A VINTAGE HOUSE MEMBER



OUR MISSION

To help support, preserve and enhance the quality of life for residents of Sonoma Valley as they age. We accomplish this by fostering well-being, connection and a sense of purpose and enjoyment through opportunities for lifelong learning, personal growth and support.

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SUPPORTING OUR COMMUNITY WITH SERVICES

How Vintage House connects, explores and belongs:

"Thank you all at The Vintage House for your kindness and generosity over the years. You have contributed greatly to my life – from soups & meals to My Ride. I am so happy you are here for us Seniors." 7,929 Curbside and Delivery Meals

- 1,491 In House Dining Room Meals
- 1,000+ Everyone Eats food provided by Redwood Food Bank and Council on Aging
- 5,809 Check in's for Education, Fitness, Wellness and Social Programs
- **1,581** Rides Provided (Shopping, local medical, errnads etc.)
- **32** Older adults receive a 50% reduced membership fee

Thousands of connections over the phone and in-person for exercise, wellness, creative arts, and social engagement.

New hybrid class technology and updates thanks to The Vadasz Family Foundation.

Technology upgrades for seniors with hearing loss and low vision thanks to The Bethlehem Foundation.

Inspiring and enjoyable social events this year included the Garden Party and Jazz at the House.

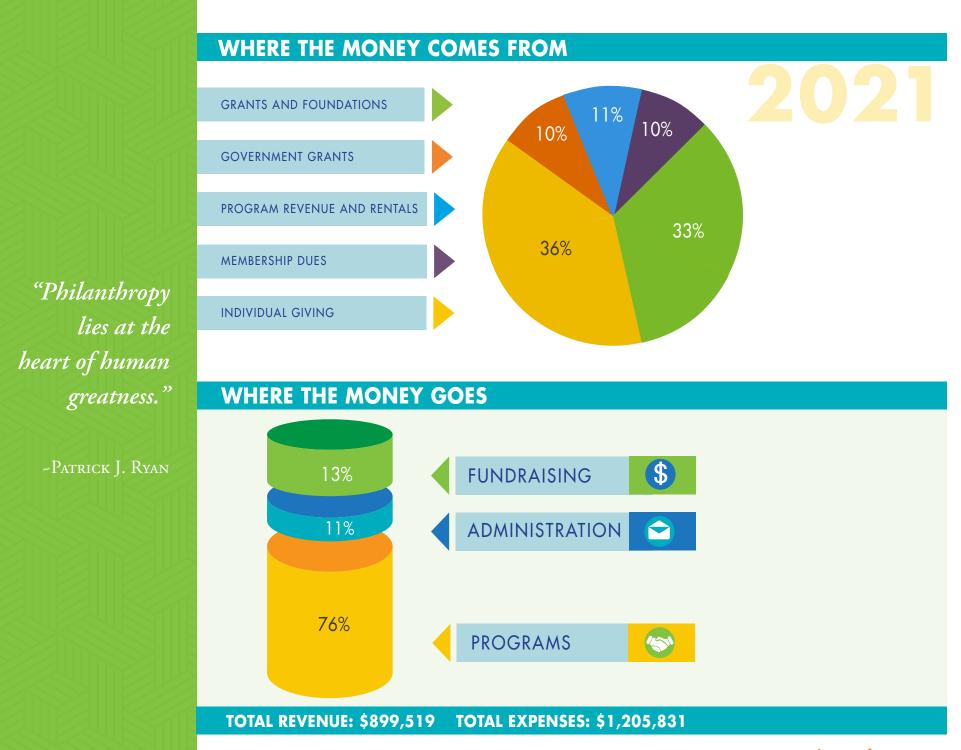






~Lynenette Peters





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THANK YOU TO OUR GENEROUS 2021 SUPPORTERS

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\$50,000 AND ABOVE

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"Your generosity of spirit and support makes a tremendous difference in the lives of older adults and the community is immensely grateful!"

~Renee Scott

Thank you to all of our supporters who made gifts of less than \$1,000.00. We couldn't do what we do without your support.

BE A PART OF THE VINTAGE HOUSE TEAM

VINTAGE HOUSE RELIES ON THE DEDICATION OF MORE THAN 250 VOLUNTEERS

who support the many programs offered. Volunteers provided more than 2,800 hours of service. In 2021 the Independent Sector stated that the national value of a volunteer hour is \$28.54. Vintage House volunteers provided services valued at over \$ 80,000. Volunteering helps counteract the effects of stress, anger, and anxiety. The social contact aspect of helping and working with others can have a profound effect on your overall psychological well-being. Volunteering with Vintage House provides a great opportunity to stay engaged and connected with the community while giving back and supporting older adults.

There are a wide variety of volunteer opportunities available, including those that are on-going and those that are timelimited or project-focused.

Help to serve food Delivery Driver Chef's Assistant Teachers Shopper Gardening myRide Driver Special Events & More





SONOMA VALLEY'S SENIOR CENTER 264 1st Street East Sonoma, CA 95476 Like us on Facebook **@vintagehousesonoma**

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